

# The Discipline of Worship

Living a life of worship in word and deed.

# What is Worship?

- What comes to mind when you hear the word "worship"?
  - Is it a specific thing you do or a mindset you follow?
- Worship:
  - The act of showing reverence, honor, and devotion to God through praise, prayer, service, and obedience.
- Importance of worship
- Types of worship

# Importance of worship

- Acknowledging God's Sovereignty
- Deepening our relationship with God
- Spiritual Transformation
- Offering Gratitude and Praise
- Brings Peace and Joy
- Worship as a Testimony to Others
- Strengthens faith
- Unites us

# Acknowledging God's Sovereignty

- Worship reminds us of who God is and His power in our lives.
- It reminds believers of His greatness, holiness, and power.
- Psalm 95:6-7 and 2 Nephi 11:56: Bowing in reverence before the Lord.

# Deepening our relationship with God

- Worship brings us closer to God and allows us to experience His love and presence.
- Alma 16: 218-220: Crying unto God in prayer.
- It fosters intimacy with God.
- James 4:8: Draw near to God, and He will draw near to you.

# Spiritual Transformation

- Worship changes us, aligning our hearts and minds with God's will.
- Romans 12:1: Offering our lives as a living sacrifice.
- It renews and sanctifies, helping believers to become more like Christ.
- 2 Corinthians 3:18: We are transformed into his image by his spirit.

# Offering Gratitude and Praise

- Worship expresses gratitude for God's blessings.
- Alma 16:237: Live in thanksgiving daily.
- Psalm 107:1: Give thanks to the Lord, for he is good; his love endures forever.

# Brings Peace and Joy

- True worship lifts burdens, shifts focus from earthly worries, and brings peace and joy in God's presence.
- Psalm 16:11: In your presence there is fullness of joy; at your right hand are pleasures forevermore.



# A Testimony to Others

- Worship is a testimony to others about God's greatness and leads them to recognize Him.
- 1 Nephi 6:27: Declare God's name and glory.
- 1 Chronicles 16:23: Sing to the Lord, all the earth.

# Strengthens faith

- Worship reminds believers of God's faithfulness and builds trust in His promises.
- Hebrews 13:15: Through Jesus, therefore, let us continually offer to God a sacrifice of praise.

# Unites us

- Group worship unites believers, allowing them to glorify God as one body. It strengthens community and encourages one another.
- Hebrews 10:25: Let us not give up meeting together, as some are in the habit of doing, but encouraging one another.

# Types of worship

- Individual
- Corporate/group
- Service
- Lifestyle
- Ordinances

# Individual

- Prayer, scripture study, personal devotion.
- Enos 1:5: Pouring out one's soul to God.

## Corporate/group

- Participating in Church meetings, group worship, and ordinances.
- Mosiah 9:35-37: Gathering to hear the word of God.

# Service

- Serving others as an expression of love and obedience.
- Mosiah 1:49: Service to others is service to God.

# Lifestyle

- Living a life of integrity, obedience, and love is a continuous act of worship.
- Matthew 5:18: Let your light shine before others.



# Ordinances

- The sacredness of ordinances like baptism and partaking of the sacrament as acts of worship.
- Mosiah 9: 38-41. Baptism is a covenant of commitment to God
  - Behold, here are the waters of Mormon... what have you against being baptized in the name of the Lord?
- Moroni 4-5. The sacrament is a sacred act of remembrance and worship.

# Questions to ponder

- Why does God desire the worship of His people, and what does He seek in worshipers?
  - What does John 4:25 teach about what God is looking for in worshipers?
  - Why does Psalm 51:17 highlight a "broken and contrite heart" as a form of worship?
- How does worship in Scripture go beyond outward rituals and actions?
  - How does the Bible address the danger of empty or hypocritical worship? Isaiah 29:26
- How does worship in Scripture help believers navigate difficult circumstances?
  - Paul and Silas, Acts 16:25.
  - How does worship shift our perspective in times of trial and suffering?

# Final thoughts

- The importance of worship in bringing us closer to the Lord
- There is more than one way to worship
- True worship is more than an outward action—it is a reflection of the heart, a lifestyle of devotion to God, and a commitment to follow Jesus Christ.
- "We talk of Christ, we rejoice in Christ, we preach of Christ, we prophesy of Christ." (2 Nephi 11:48)