

Repentance - forgive us our trespasses, as we forgive those who trespass against us

Isaiah 61:10 *I will greatly rejoice in the Lord, my soul shall be joyful in my God; for he hath clothed me with the garments of salvation, he hath covered me with the robe of righteousness .*

- Sin attacks God's plants of His Spirit.
- Like bugs and disease, temptations and sins slowly destroy the plant of God's spirit. Weeds choke the plant and steal the nutrients from the soil.
- Without repentance we have holes in our spiritual armor. Our spiritual plant is easily under attack if we allow sins to remain.
- The scriptures say that when we repent our sins are cast as far away from us as far as the east is from the west! That's pretty far! (Psalm 103:1-12)
- Repentance is like pest control or repellent for enemy attacks.
- The Robe of Righteousness is like a bullet proof vest.

Forgiveness - as we forgive those who trespass against us

Matthew 5:46 *But I say unto you, love your enemies...That ye may be the children of your Father who is in heaven...*

- In the Lord's Prayer, Forgiveness is the second part of Repentance.
- Unforgiveness to others blocks God's forgiveness to us.
- Unforgiveness is like rocky soil for the plant of God's spirit. The hurts (rocks) keep His Spirit from being healthy and strong.
- Holding onto grudges and hurts weigh us down and keep us from feeling joy.
- Forgiveness allows us to grow to be like Jesus.
- Drop the rocks at the foot of the cross. Jesus forgives us, we need to forgive others and ourselves.

Matthew 13:5 *Some fell upon stony places, where they had not much earth; and forthwith they sprung up; and when the sun was up, they were scorched, because they had no deepness of earth; and because they had no root, they withered away.*

Think about the rocks in your life that hinder your walk with the Lord.

F.R.U.I.T

Forgiveness &

Repentance

Unlock

Inherited (Alma 19:13) *I would that ye should repent, and forsake your sins...or ye can in no wise **inherit** the kingdom of God.* (also I Cor 6:9)

Treasures (Proverbs 15:6a) *In the house of the righteous is much **treasure***

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- The purpose of a plant is to produce fruit. It cannot produce fruit without having fertile soil, water, and sunshine.
- We do not produce fruit. Spiritual fruit are gifts when we have allowed God's spirit to work in us and we have repented and forgiven others. (John 15:5-8)
- Fruit is produced to be a blessing to others. (James 5:16)
- Without fruit, we can do nothing worthwhile. (1 Cor 13:1)
- Without fruit, we cannot be partakers and builders of the Kingdom. (Moroni 10:15)
- We are known by our fruit. (Matt 7:29)

The Fruit of the Spirit is just part of the treasures we are promised in our inheritance.

## Ask - Give us this day, our daily bread

John 15:5-8

*I am the vine, ye are the branches. He that abideth in me, and I in him, the same bringeth forth much fruit; for without me ye can do nothing....If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you. Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples.*

- Fruit that stays on the plant just rots.
- Fruit is for eating, sharing and giving away. Part of sharing God's fruit is through prayer.
- God wants to be asked! He wants us to be involved in the process.
- God knew that the children of Israel were hungry, but they had to ask, then he sent manna and quail. God knew the Jaredites would be in darkness crossing the ocean in their boats, but they had to ask. Then, He touched the stones. Jesus knew that people were sick and lame. But they had to ask for healing. He always said, "What would you have me do for you?"
- And, it is important to ask with faith believing he hears prayer and answers prayer. Faith is not just hope. It is the ASSURANCE of things hoped for. Hebrews 11:1
- *"Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you:"* Matthew 7:7 KJV
- I Cor 2:9 *But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.*

**Yield** - Thy kingdom come. Thy will be done on earth, as it is done in heaven.

3 Nephi 6:11

*But seek ye first the kingdom of God, and his righteousness, and all these things shall be added unto you.*

- We put God's will into action on the earth through prayer.
- His will on earth as it is in heaven is the goal.
- He promises that as we seek first His kingdom, he will take care of our daily needs.
- As His children in the Kingdom of God, let us ask, "God, what should we pray that You O Lord, will be glorified?"